



SMOKING CESSATION

Are you smoking?

Do you want to quit?

Do you worry that it's "Just too hard!"

ENROLL TODAY:

Get Immediate access to FREE Nicotine Replacement Therapy within a supportive environment to help you quit, Once and for all

Contact Administrative Staff for Bookings

c: 905-901-5111 ext. 508

e-mail: k.mullings@oakmed.ca



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Family Health Team